



Pilates Precision and Flow™

"I see the equipment as an extension of myself when I practice and teach, and therefore I want it to inspire my work, my movement and my spirit."
Rael Isacowitz, Founder BASI Pilates®



BASI Systems™ Wunda Chair

BASI Systems™ equipment delivers a breakthrough in precision and flow for Pilates movement. The intelligent design of BASI Systems™ brings together over thirty years of Pilates practice and research with the highest quality custom materials and craftsmanship.



The BASI Systems™ Wunda Chair has an innovative pedal design that extends mobility, offers smooth transitions and fine-tuning adjustability of spring tension and handle height.

Dimensions

BASE	- width 28.7" / 73cm x length 35.4" / 90cm x height 24.4" / 62cm
SEAT	- width 21.8" / 55cm x length 16.9" / 43cm
WITH HANDLES (max. height)	- width 21.7" / 55cm x length 16.9" / 43cm x height 55.5" / 141cm
(min. height)	- width 21.7" / 55cm x length 16.9" / 43cm x height 46.3" / 117.5cm

Getting Started with your BASI Systems™ Wunda Chair

Welcome to your BASI Systems™ Wunda Chair. We have done the assembly for you. Simply remove the chair from the shipping box, and the BASI Systems™ Wunda Chair is ready to go! Two yellow and two black springs are already attached for your use. For additional functionality, please follow the instructions on how to install and adjust the chair handles.

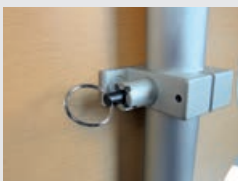
Handles

The BASI Systems™ Wunda Chair is equipped with padded, easy-grip handles. The base of the handles is made of aircraft quality aluminum and provides a smooth range of adjustability.



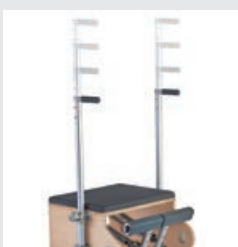
Attach Handles

Turn the metal knob on one side of the BASI Systems™ Wunda Chair counter-clockwise to loosen it. Pull the knob while facing the handle towards the pedal and slide the handle into the pole base to the desired height. Secure it in place by tightening the knob clockwise. Repeat these steps to attach the other handle.



Secure Handles for Easy Adjustability

Once inserted, the handles can be secured in the pole base. This allows you to make height adjustments without worrying about the handles becoming dislodged from the base. To lock the handles, simply pull the ring until the T shaped lock pulls out from the groove. Turn the ring until the T faces the deeper groove and release the ring. The handle is now locked in the base. You can still make height adjustments.



Adjust Handle Height

Loosen the metal knob by turning it counter-clockwise. Pull the knob and lift or lower the handle to one of the five adjustable height positions. Tighten the knob by turning it clockwise.

Remove Handles

Unlock the handle by pulling the ring until the T shaped lock lifts from the groove. Turn the ring until the T faces the shallow groove and release. Then turn the knob counter-clockwise to loosen it. Pull the knob as you lift the handle out from the pole base.

Pedal

Your BASI Systems™ Wunda Chair has a padded split pedal that can be finely adjusted without having to detach springs! The pedal's rounded ergonomic design offers a broad range of motion. The top of the pedal sits higher than in other chair designs, and allows for deeper movement in many Pilates exercises.



Adjust Springs

The springs can be adjusted with the rail on the side of each pedal leg. Pull the stopper and slide it along the rail to one of the four tension settings. You can use both springs, or remove one or both from the rail. The spring holder in the rear of the chair keeps the springs secured to the chair, whether or not they are in use.

Your Wunda Chair includes four springs, two yellow and two black, offering a wide range of resistance options.



Split the Pedal

To use the pedals independently, pull the metal ring on the side of the pedal and remove the rod. The rod stays out of the way; when in use it sits flush within the pedal, and when not in use it can be hung on the pin attached to the side of the BASI Systems™ Wunda Chair.

Materials

Your BASI Systems™ Wunda Chair is made with the finest custom manufactured materials. We use beech wood for sturdiness, aluminum for smooth transitions, antibacterial vinyl to resist wear-and-tear and orthopedic cushioning for comfort. Then we x-ray the springs to ensure their quality and safety. Your BASI Systems™ Wunda Chair is shipped to you in a special recyclable container designed to be folded down or used for other things.

Care and Maintenance

The BASI Systems™ Wunda Chair is designed with the highest quality materials to provide ergonomic integrity, comfort and longevity. We recommend that you follow these guidelines to care for your equipment and use it safely.

Springs should be inspected weekly for gaps or kinks. If a gap or kink is found, discontinue use of the spring immediately and replace it. Check that the spring hooks are working properly. It is recommended that all springs are replaced after two years of use. Inspect and tighten the nuts, bolts and screws monthly. Upholstery can be cleaned using the cloth provided or any soft cloth with warm water and soap. For deeper cleaning, use a soft bristled brush with an alkaline-based cleanser and rinse with cold water and a sponge.

Contact Us!

The BASI Systems™ Wunda Chair is part of a family of products designed to inspire and enhance your Pilates practice. We would love to hear from you. Please contact us with questions or stories!

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About BASI Systems™

BASI Pilates® is a leading Pilates education academy with a reputation for innovation, dedication and academic excellence. BASI stands for Body Arts and Science International, which is the name of the academy and an affirmation of its approach to Pilates studies. The mission of BASI Pilates® is to create and maintain professional standards for the teaching of the Pilates Method and to preserve and perpetuate the gift of Pilates by educating teachers of the highest caliber and providing equipment designed to have biomechanical, and aesthetic integrity.

