



Pilates Precision and Flow™

"I see the equipment as an extension of myself when I practice and teach, and therefore I want it to inspire my work, my movement and my spirit."
Rael Isacowitz, Founder BASI Pilates®



BASI Systems™ Ladder Barrel

BASI Systems™ equipment delivers a breakthrough in precision and flow for Pilates movement. The intelligent design of BASI Systems™ brings together over thirty years of Pilates practice and research with the highest quality custom materials and craftsmanship.



BASI Systems™ Ladder Barrel is covered in orthopedic padding for ultimate comfort and support. The ladder is connected with a smooth sliding base that adjusts between 38 and 60.5 centimeters (14.9 and 23.8 inches). Its expanded width and standing platform bring accessibility to barrel work.

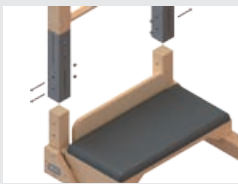
Dimensions

BARREL - width 24.4"/ 62cm x length 21.7"/ 55cm x height 37.6"/ 95.5cm
LADDER - width 36"/ 91.5cm x length 41.5"/ 105.5cm x height 37.4"/ 95cm

Getting Started with your BASI Systems™ Ladder Barrel

Welcome to the BASI Systems™ Ladder Barrel! In one box you will find the BASI Systems™ barrel. There is a BASI Systems™ tote bag that holds the smaller pieces: a cleaning cloth and a BASI Systems™ key chain.

In a second box there is the ladder, frame and standing platform. There are also two knobs, four screws and a wrench.



Install Ladder

Two metal sleeves are already attached to the ladder frame. Press the metal attachment sleeves of the ladder onto the frame base. Secure the ladder to the base by holding the bolts in place and tightening the screws with the enclosed wrench. Check all screws and bolts and make sure that they are tightly fastened.



Position Ladder

Place the knobs into the holes on either side of the ladder frame. Position the ladder where desired along the track of the frame and tighten the knobs to secure.



Place Standing Platform

Set the platform at the base of the ladder. It can stand up and out of the way when not in use.

Materials

BASI Systems™ Ladder Barrel is made with the finest custom manufactured materials. We use beech wood for sturdiness, aluminum for smooth transitions, antibacterial vinyl to resist wear-and-tear and orthopedic cushioning for comfort. Then we x-ray the springs to ensure their quality and safety. Your BASI Systems™ Ladder Barrel is shipped to you in a special recyclable container designed to be folded down or used for other things.

Care and Maintenance

BASI Systems™ Ladder Barrel is designed with the highest quality materials to provide ergonomic integrity, comfort and longevity. We recommend that you follow these guidelines to care for your equipment and use it safely.

Springs should be inspected weekly for gaps or kinks. If a gap or kink is found, discontinue use of the spring immediately and replace it. Check that the spring hooks are working properly. It is recommended that all springs be replaced after two years of use. Inspect and tighten the nuts, bolts and screws monthly. Upholstery can be cleaned using the cloth provided or any soft cloth with warm water and soap. For deeper cleaning, use a soft bristled brush with an alkaline-based cleanser and rinse with cold water and a sponge.

Contact Us!

The BASI Systems™ Ladder Barrel is part of a family of products designed to inspire and enhance your Pilates practice. We would love to hear from you. Please contact us with questions or stories!

www.basisystems.com / info@basisystems.com

For North America Toll free 866 992 2742 / For Other Territories +90 212 444 76 59

About BASI Systems™

BASI Pilates® is a leading Pilates education academy with a reputation for innovation, dedication and academic excellence. BASI stands for Body Arts and Science International, which is the name of the academy and an affirmation of its approach to Pilates studies. The mission of BASI Pilates® is to create and maintain professional standards for the teaching of the Pilates Method and to preserve and perpetuate the gift of Pilates by educating teachers of the highest caliber and providing equipment designed to have biomechanical and aesthetic integrity.

