



Pilates Precision and Flow™

*"I see the equipment as an extension of myself when I practice and teach, and therefore I want it to inspire my work, my movement and my spirit."*  
Rael Isacowitz, Founder BASI Pilates®



## BASI Systems™ Jump Board

BASI Systems™ equipment delivers a breakthrough in precision and flow for Pilates movement. The intelligent design of BASI Systems™ brings together over thirty years of Pilates practice and research with the highest quality custom materials and craftsmanship.



BASI Systems™ Jump Board brings a strengthening cardio experience to your BASI Systems™ Reformer or Reformer with Tower repertoire. Its orthopedic padded cushioning makes jumping gentler to hips, knees and ankles and its curved design makes it easy to lift and position.

### Dimensions

JUMP BOARD - width 27.7" / 70cm x length 3.7" / 9.5cm x height 26.9" / 68.5cm

### Getting Started with your BASI Systems™ Jump Board

Your BASI Systems™ Jump Board is ready to use right out of the box. To attach it to your reformer, loosen the knobs at the base of the reformer on the side with the footbar. Face the jump board padding towards the reformer carriage, and slide the jump board poles into the pole bases on the outside edge of the reformer base. Turn the knobs to secure the jump board to the reformer.

### Materials

BASI Systems™ Jump Board is made with the finest ergonomic custom manufactured materials. We use beech wood for sturdiness, antibacterial vinyl to resist wear-and-tear and orthopedic cushioning for comfort. Your BASI Systems™ Jump Board is shipped to you in a special recyclable container designed to be folded down or used for other things.

### Care and Maintenance

BASI Systems™ Jump Board is designed with the highest quality materials to provide ergonomic integrity, comfort and longevity. We recommend that you clean the upholstery with a soft cloth with warm water and soap. For deeper cleaning use a soft bristled brush with an alkaline-based cleanser and rinse with cold water and a sponge.

### Contact us!

We would love to hear how the BASI Systems™ equipment inspires you and enhances your Pilates practice! Please contact us with any questions or stories.

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### About BASI Systems™

BASI Pilates® is a leading Pilates education academy with a reputation for innovation, dedication and academic excellence. BASI stands for Body Arts and Science International, which is the name of the academy and an affirmation of its approach to Pilates studies. The mission of BASI Pilates® is to create and maintain professional standards for the teaching of the Pilates Method and to preserve and perpetuate the gift of Pilates by educating teachers of the highest caliber and providing equipment designed to have biomechanical and aesthetic integrity.

